Great new information! Limited Engagements! Register early to book a space.

Validating Chiropractic

Chiropractic & Exercise 2009

Cutting-Edge Research to Improve Patient Outcomes

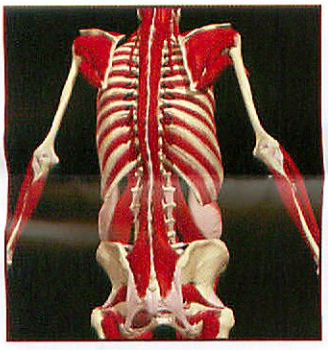
Malik Slosberg, D.C., M.S.

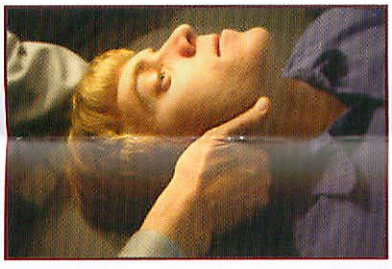
www.slosberg.com

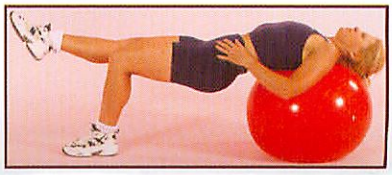
Increase your practice—learn how to apply the newest research to improve patient function, satisfaction and long-term outcomes by integrating chiropractic and exercise.

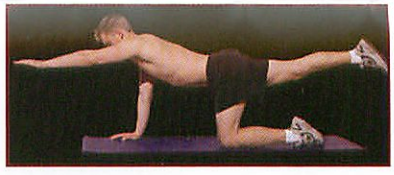
The seminar reviews the very latest chiropractic research in a practical, yet inspiring way, so clinicians can integrate the newest information into daily practice and improve patient compliance, education and outcomes.

Attendees will learn: how to use the abundance of current information on adjustments and exercise to change the natural history of chronic problems; how to improve patient function, performance, satisfaction, self-efficacy, and neuromotor control; and how to document patient progress using patient self-reports and objective physical performance tests. This dynamic presentation is filled with colorful computer graphics, illustrations and data charts that will captivate doctors' attention.









Content is continually revised to include the latest evidence!

Colorful Computer Generated Presentation and Graphics

Thorough, extensive notes

Now over 200 pages long

Keep current, learn about the latest evidence

Information that will help increase your practice!

Sponsored by Life Chiropractic College West

12 Hours of continuing education license renewal in most states.
Approved for 12 hours including 4 hours of technique for California for 2009.
10 MCLE credit hours for attorneys.
Life Chiropractic College West is a State Bar of California approved MCLE provider (Provider #3439).

Honolulu, HI
January 24-25

Boston, MA
February 7-8
In association with the Massachusetts Chiropractic Society

Tysons Corner, VA
February 21-22
In association with the Virginia Chiropractic Association

Seattle, WA
February 28-March 1
Co-Sponsored by WSCA
For information call (206) 878-6055

Los Angeles, CA
March 7-8

Australia
Adelaide – March 21
Melbourne – March 22
Sydney – March 28
Brisbane – March 29
Sponsored by the Chiropractic Association of Australia

Las Vegas, NV
April 18-19

Harrisburg, PA
April 25-26
In association with the Pennsylvania Chiropractic Association

Sacramento, CA
May 16-17

Philadelphia, PA
May 30-31
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Oakland/Berkeley, CA
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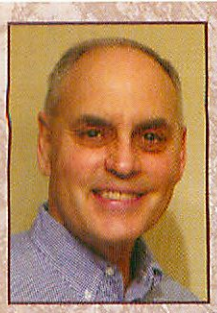


Malik Slosberg, DC, MS lectures internationally and is a postgraduate faculty member of nine chiropractic colleges. He is a full professor at Life Chiropractic College West and has an MS in Clinical Counseling. He has been in private practice and teaching seminars for over twenty years. Dr. Slosberg has multiple publications, wall charts, PowerPoint presentations and educational materials used by thousands of doctors and numerous chiropractic colleges.

What Doctors are saying:

"Dr. Slosberg is brilliant. A beautiful presentation of practical information."

"An absolutely fantastic seminar. Dr. Slosberg is so well read and educated. He organizes and presents this complicated information so simply and practically for all of us to understand."

"This is the most informative, useful continuing ed seminar I have ever attended."

"I've attended Dr. Slosberg's presentation 4 times. It has deepened my comprehension of sophisticated neurological concepts. It is the only curriculum I insist on repeating every few years to keep abreast of the latest research. I consider Dr. Slosberg to be the best informed & most scientifically astute chiropractor I have personally met during my sixteen years of practice."

"This is absolutely the best course I have ever attended."

"This type of information must be at the fingertips of each chiropractor."

"This is the second time I've watched Dr. Slosberg address a large group of medical doctors. He completely satisfies all of their questions regarding chiropractic. You can easily tell how impressed the MDs are with his knowledge of health care, anatomy, medicine, chiropractic, and the latest studies in these areas. I wish every chiropractor could see Dr. Slosberg lecture in this environment."

"Here is a wealth of information to support chiropractic that should not be missed by any chiropractor!"

"Wonderful information, great presentation, the audience was riveted!"

"Dr. Slosberg's understanding of chiropractic is profound. He is intimately familiar with the details & implications of every clinical study & his presentation is fun and exciting. Very enlightening."

"Great seminar. First time in quite a while I felt I got more than my money's worth."

Course Outline

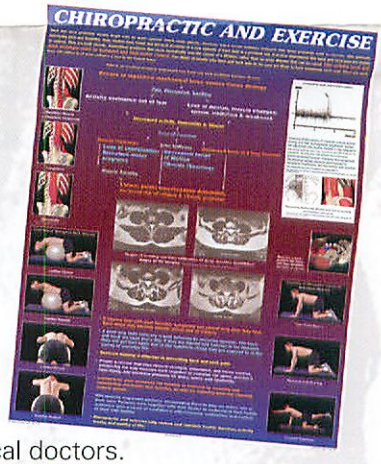
1. Current models of mechanical problems, joint dysfunction, nerve interference, disturbed neuromotor control and the natural history of back pain.
   A. Understand the neurology of the back, sensory-motor control, muscle coordination, the causes of back pain and the nature of mechanical back and neck problems.
   B. Understand the current concepts of nerve interference: altered afferent and motor patterns, proprioception, kinesthetic perception, fine motor tuning and joint stability.

2. Learn how to use patient self-report outcomes and objective physical performance tests to evaluate and improve long–term patient outcomes, function and satisfaction.
   A. Understand the use of valid, reliable and responsive outcome measures to document appropriateness and efficacy of chiropractic care.
   B. Understand, document and quantify physical impairment, disability, pain intensity, and health related quality of life.
   C. Improve record keeping and documentation of patient responsiveness and eliminate disputes about effectiveness and reimbursability of care.

3. The latest research on proprioception, neuromotor control, core trunk stabilization, local and global stability.
   A. Understand the current research on the use of deep trunk muscles to protect and stabilize the spine in order to prevent injury or recurrence.
   B. Understand how to use specific exercises to enhance intersegmental control of vertebrae and help eliminate long-term musculoskeletal pain.
   C. Learn how to improve patients' sense of self-efficacy, motivation, satisfaction and control so that patients become active partners in restoring and maintaining their health.

4. The latest scientific evidence on chiropractic effectiveness, restoration of function, pain relief, and patient satisfaction.
   A. Understand the new paradigms of health care research and be able to explain why restoration of function must occur at the same time as pain relief.
   B. Understand the limitations of the medical diagnostic model.
   C. Be able to explain the goals of health care as restoration of function and general health and the evidence that strongly supports the chiropractic wellness model.
   D. Be able to explain how chiropractic may improve athletic ability, increase optimal performance and reduce the likelihood of reinjury.

5. Understand the role of Chiropractic care on tissue injury and repair:
   A. Stages of healing
   B. Goals of chiropractic care and management of each stage
   C. Effects of movement on scar tissue deposition
   D. Rehabilitation and restoration of function
   E. Passive care and active care



6. Understand and be able to explain the beneficial effects of adjustments on:
   A. Proprioception
   B. Muscle tone and muscle balance
   C. Gating mechanisms and pain relief
   D. Athletic ability
   E. Restoration of normal biomechanical function
   F. Discal and cartilage nutrition
   G. Autonomic nervous system
   H. Connective tissue and acceleration of healing

7. Educating patients, attorneys, judges, jurors, medical doctors.
   A. Understand and explain acute and chronic conditions and the role of chiropractic care.
   B. Be able to explain the benefits and goals of chiropractic care to patients, medical doctors, insurance companies.
   C. Educate medical doctors and learn how to markedly increase patient referrals from them.
   D. Increase patient compliance, referrals and improve outcomes.

January 24-25 • Honolulu, HI

Hilton Hawaiian Village Beach Resort & Spa
2005 Kalia Rd. • Honolulu, HI. 96815
(808) 949-4321 • (800) 445-8667
Special room rate of $225.00 if made by November 22, 2008
Booking Code: BSA
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

February 7-8 • Boston, MA

In association with the Massachusetts Chiropractic Society
Westford Regency Inn & Conference Center
219 Littleton Rd. • Westford, MA. 01886
(800) 543-7001 • (978) 622-8200
12 hours
Special room rate of $99.00 if made by January 16, 2009
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

February 21-22 • Tysons Corner, VA

In association with the Virginia Chiropractic Association
Westin Hotel Tysons Corner
7801 Leesburg Pike • Falls Church, VA. 22043
(703) 893-1340
12 hours
$25 VCA Member Discount
Special room rate of $109.00 if made by January 30, 2009
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

February 28-March 1 • Seattle, WA

Co-Sponsored by WSCA
For more information & registration call (206) 878-6055
Best Western River's Edge
15901 W. Valley Hwy. • Tukwila, WA. 98188
(425) 226-1812
13 hours
Special room rate of $119.99 if made by January 28, 2009
Complimentary airport shuttle
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 8:00 A.M.-2:00 P.M.

March 7-8 • Los Angeles, CA

Hilton Hotel – LAX
5711 West Century Blvd. • Los Angeles, CA. 90045
(310) 410-4000
12 hours
Special room rate of $99.00 if made by February 12, 2009
Complimentary airport shuttle
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

March 21 • Adelaide, Australia
March 22 • Melbourne, Australia
March 28 • Sydney, Australia
March 29 • Brisbane, Australia

Sponsored by the Chiropractic Association of Australia

April 18-19 • Las Vegas, NV

Hilton Garden Inn
7830 S. Las Vegas Blvd. • Las Vegas, NV. 89123
(702) 453-7830
12 hours
Special room rate of $129.00 if made by March 17, 2009
Complimentary ariport shuttle and parking
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

April 25-26 • Harrisburg, PA

In association with the Pennsylvania Chiropractic Association
Four Points Hotel by Sheraton
800 East Park Dr. • Harrisburg, PA. 17111
(717) 561-2800
12 hours
Special room rate of $85.00 if made by March 24, 2009
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

May 16-17 • Sacramento, CA

Holiday Inn Sacramento Northwest
5321 Date Ave. • Sacramento, CA. 95841
(916) 338-5800 • (800) 338-2810
12 hours
Special room rate of $99.00 if made by April 24, 2009
Registration: 9:30 A.M.-10:00 A.M.
Hours: Saturday 10:00 A.M.-5:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

May 30-31 • Philadelphia, PA

In association with the Pennsylvania Chiropractic Association
Crown Plaza Hotel – Valley Forge
260 Mall Blvd. • King of Prussia, PA. 19406
(610) 265-7500
12 hours
Special room rate of $109.00 if made by April 29, 2009
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

June 6-7 • Oakland/Berkeley, CA

Four Points Hotel by Sheraton
1603 Powell St. • Emeryville, CA. 94608
(510) 547-7888 • (800) 325-3535
12 hours
Special room rate of $120.00 if made by May 15, 2009
Registration: 11:00 A.M.-12:00 P.M.
Hours: Saturday 12:00 P.M.-7:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

June 27-28 • Denver, CO

In association with the Colorado Chiropractic Association
Renaissance Suites at Flatiron
500 Flatiron Blvd. • Broomfield, CO. 80021
(303) 464-8400 • (888) 825-3167
13 hours
Special room rate of $129.00 if made by May 27, 2009
Registration: 8:30 A.M.-9:00 A.M.
Hours: Saturday 9:00 A.M.-4:00 P.M. • Sunday 8:00 A.M.-2:00 P.M.

July 25-26 • South Lake Tahoe, CA

Embassy Suites Hotel – Lake Tahoe Resort
4130 Lake Tahoe Blvd. • South Lake Tahoe, CA. 96150
(530) 544-5400
12 hours
Registration: 9:30 A.M.-10:00 A.M.
Hours: Saturday 10:00 A.M.-5:00 P.M. • Sunday 9:00 A.M.-2:00 P.M.

Look for More Upcoming 2009 Locations

Possible Locations include

September 19-20 • Bozeman, MT
Charlotte, NC • Atlanta, GA
Phoenix, AZ • Peoria, IL
Santa Barbara, CA • Monterey, CA
San Diego, CA • Sacramento, CA
San Francisco, CA • Los Angeles, CA
Oakland/Berkeley, CA

Tuition for LCCW seminars

$275.00 – D.C. Pre-registered, each session
$300.00 – On-site registration
$125.00 – C.A./Student/Non-D.C. Spouse
$180.00 – Other health professionals

To register call LCCW at (800) 788-4476 ext. 4508 or (510) 780-4508 or fax form to (510) 780-4518.

Seminar Hours

See individual dates and locations for specific seminar hours.

To Guarantee availability and special room rates, please register early and mention the "Validating Chiropractic Seminar"

Tuition for WSCA seminar

$250.00 – WSCA member D.C.
$275.00 – WSCA Non-member D.C.

For *Washington Seminar* fax form to WSCA (206) 878-8699
For more information call WSCA (206) 878-6055

For more information about the course content call Dr. Slosberg at (925) 426-1137 or visit www.slosberg.com.

Detach and Mail

Validating Chiropractic Seminar Registration Form

Name: _____ Phone: ( ) _____

Address: _____ Fax: ( ) _____

City/State/Zip _____ D.C. License#: _____

Payment in full by: ❑ Check ❑ Money Order ❑ VISA ❑ MASTERCARD ❑ AMERICAN EXPRESS ❑ DISCOVER

CARD# _____ Exp. Date: _____

Signature: _____ Email: _____ V-Code: _____

Please accept my registration for the following course:

❑ Honolulu, HI: January 24-25
❑ Boston, MA: February 7-8
❑ Tysons Corner, VA: February 21-22
❑ VCA Member ❑ Non-member
❑ Los Angeles, CA: March 7-8
❑ Las Vegas, NV: April 18-19
❑ Harrisburg, PA: April 25-26
❑ Sacramento, CA: May 16-17
❑ Philadelphia, PA: May 30-31
❑ Oakland/Berkeley, CA: June 6-7
❑ Denver, CO: June 27-28
❑ South Lake Tahoe, CA: July 25-26

Make checks payable to **Life Chiropractic College West**. Life Chiropractic College West Division of Continuing Education, 25001 Industrial Blvd., Hayward, CA 94545. **For registration information call (800) 788-4476 ext. 4508, (510) 780-4508.**

Fax form to LCCW (510) 780-4518 Continuing Education Department.

We will notify only advance registrants of any cancellation or program changes.

Please accept my registration for the following course:

❑ Seattle, WA: February 28-March 1

Make checks payable to
Washington State Chiropractic Association
21400 International Blvd., Suite 207
Seattle, WA 98198
To register call: (206) 878-6055
or fax: (206) 878-8699

Every attempt is made to offer this program as announced. However, Life Chiropractic College West reserves the right to adjust program faculty, locations, dates, times and tuition to accommodate unanticipated occurrences, and to cancel due to insufficient enrollment. Life West will only notify advance registrants of any cancellation or program changes. Life West is not responsible for any expenses incurred by registrants due to adjustments or cancellations.

A $50 processing fee will be charged for refunds if the registrant provides written notice of cancellation at least one (1) business day prior to the seminar start date. Registration is nonrefundable if the program for which it applies is conducted as scheduled; however, a credit voucher may be issued, minus a $25 processing charge. A credit voucher must be requested within sixty (60) days of the seminar end date. The credit voucher may be applied towards another Life West program and must be redeemed within one (1) year of the original scheduled program date or it will be forfeited.

Life Chiropractic College West
Division of Continuing Education
25001 Industrial Blvd., Hayward, CA 94545

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Limited Engagements. Book Early!

Validating Chiropractic

Chiropractic & Exercise 2009

Cutting-Edge Research to Improve Patient Outcomes

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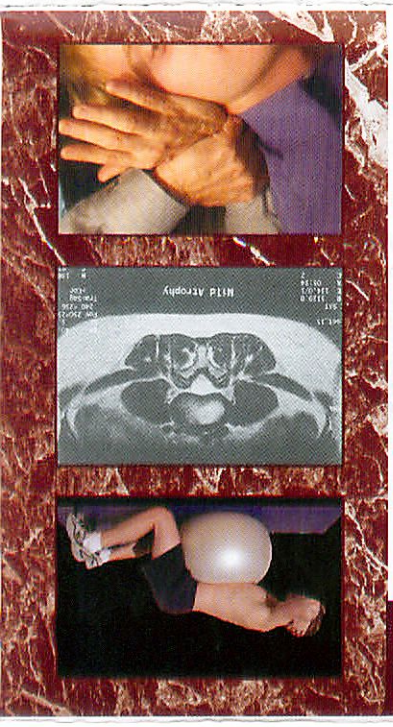
12 Hours of continuing education license renewal in most states for 2009. 4 hours of technique for California.

2 2 576
MICHAEL ROBERT DORAUSCH DC
12740 Culver Blvd Ste G
Los Angeles, CA 90066-6574

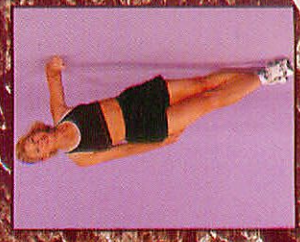


Validating Chiropractic

Increase your insight, knowledge and appreciation of the mechanisms and benefits of chiropractic care. Really understand, be able to document and clearly explain current scientific evidence substantiating the effectiveness of chiropractic to your patients, attorneys, in narrative reports, depositions and court testimony.

Gain new insights and greater expertise at interpreting patient presentations and clinical findings. Become more skilled at designing management plans and understanding patient prognosis.

Learn how to evaluate patients' specific dysfunctions and recommend a chiropractic, active care exercise plan to restore normal function, reduce pain, and improve long-term outcomes, strength, endurance, satisfaction and motor control. This course has an enormous amount of practical information and skills that can be applied to increase and improve your practice.





What you will learn:

- How to quantify patient baseline status, patient progress and the need for additional care by the use of both objective physical performance tests and patient self-reports.
- How to evaluate neuromotor control and improve coactivation of core trunk stabilizers.
- How to prescribe and integrate active exercise care with chiropractic adjustments.
- How motor programs change with mechanical injury and how chiropractic care may improve motor control.
- How proprioception becomes disturbed and impairs perception, coordination, and performance.
- How to improve patient education in order to improve patient compliance, self-efficacy and satisfaction.
- How to markedly improve the long-term outcomes of mechanical back and neck problems by the use of chiropractic adjustments and exercise recommendations.