Course Title: **2024 ICA 98th Annual Convention**
Instructors: Dr. Lyle Koca, Dr. Charmaine Herman, Dr. James Chestnut, Dr. Stephanie Sullivan, and Dr. Navine Haworth
Course Objective: An advanced postgraduate review of evidence-based outcomes models and the importance of developing proficient clinical skills with support of both chiropractic philosophy and focused case studies of clinical evidence for chiropractic care. Identify the importance of clinical skills related to diverse patient populations as we recognize the importance of developing proficient clinical communication skills to cultural sensitivity. Structural review of the latest findings on the science of translating the evidence in chiropractic care into clinical care expertise.
Dates: April 11-13, 2024
Location: The Westin Galleria, 13340 Dallas Parkway, Dallas, TX 75240
Total Hours: 7

Thursday, April 11
8:00PM-9:00PM Being the Chiropractor THEY Helped you BE
A postgraduate review of **The Major Premise** – A Universal Intelligence is in all matter and continually gives to it all its properties and actions, thus maintaining it in existence and the relationship between chiropractic's philosophy and its application in clinical practice. We will give real examples of how understanding chiropractic's philosophy impacts on clinical practice. We will explore how a better understanding of chiropractic and it's philosophy can create better health for one's patients clinical outcomes.
1 Hr. CE, Lecture, Chiropractic Philosophy **L. Koca, DC**

Friday, April 12
10:00AM-11:00AM Cultural Competence for the Chiropractor
Identify the importance of clinical skills related to diverse patient populations as we recognize the importance of developing proficient clinical communication skills to cultural sensitivity. As the United States becomes more culturally and linguistically diverse it important for the Doctor of Chiropractic to understanding the importance of social and cultural influences on patient's health beliefs and behavior. Cultural competence is a skill set used by healthcare providers to promote equity in the standard of care received by all patients to improve positive outcomes and assure compliance. Military service, especially those who serve in combat zones, brings with it a culture all its own; developing cultural competence that extends into these unique areas serves both the doctor and patient.
1 Hr. CE, Lecture, Principles of Practice **C. Herman, DC**

3:30PM-5:30PM VSC-Centric, Adjustment-Centric Chiropractic Care
- Advanced review of clinical evidence for chiropractic care.
- Comparison and contrast of evidence of effectiveness, cost-effectiveness, and safety of chiropractic adjustment/SMT vs usual medical care and usual physical therapy
- Summary of evidence that lifestyle is leading cause of chronic illness
- Summary of evidence that very general lifestyle advice in the areas of nutrition, physical fitness, and emotional fitness, delivered either on-line or via patient handout, is the most evidence-based intervention with respect to recovery from and prevention chronic illness and for maximizing wellness and quality of life.
- Description of time efficient, highly effective, chiropractic health paradigm congruent, evidence-based chiropractic and lifestyle clinical protocols.
- Summary of unique and important evidence regarding chiropractic, lifestyle and military and veteran populations.

2 Hrs. CE, Lecture, Evidence based outcomes **J. Chestnut, DC**

Saturday, April 13

1:00PM-2:00PM Evidence based chiropractic care utilizing chiropractic procedures

- Chiropractic clinical assessment and chiropractic clinical protocols based on evidence-based models will be reviewed at the postgraduate level in detail.
- Management for dysfunction findings with objective data from the clinical findings.

1 Hr. CE, Lecture, Evidence Based Outcomes S. Sullivan, DC

2:00PM-4:00PM

Clinical objective effects of Vertebral Subluxation Complex taught from an evidence-based outcome model:

- Biomechanical
  - Mechanisms of production and dysfunction;
- Neurophysiologic and Functional changes
  - Pathological changes
  - Central versus peripheral neurologic effects;
  - Spinal and related structural disrelationships;
  - Autonomic
  - Behavioral
- Somatic/musculoskeletal
  - Neuromuscular-skeletal and visceral dysfunction

2 Hrs. CE, Lectures, Evidence Based Outcomes N. Haworth, DC