Gonstead Technique Seminar - July 2026 - Davenport, Iowa July 18, 2026 - July 19, 2026	Credit Hours
Saturday, July 18, 2026	
9:00 a.m. - 10:00 a.m.	
Gonstead Technique Overview	
Bill Droessler, D.C. and Amy Harter, D.C.	
Technique Credit	1
This 1-hour session will introduce the learner to the Gonstead Technique. This will be an overview of the Gonstead System and generally describe the tools and processes that Dr. Gonstead used in creating this system. The session will also include real case studies of patients treated with the Gonstead System and the patient outcomes.	
Saturday, July 18, 2026	
10:00 a.m. - 12:00 p.m.	
Gonstead Adjustment of the Lumbar Spine	
Matt Betterton, D.C. and Chuck Dwyer, D.C.	
Technique Credit	2
This 2-hour session will discuss the Gonstead System lumbar adjustment. This includes the anatomical structures and Gonstead listings. Technique-specific equipment will also be discussed including pelvic bench & knee/chest table. Attendees will also learn proper doctor and patient contact points as well as proper stabilization placement. This session also includes proper application of the HVLA thrust.	
Advanced Class Gonstead Adjusting- Lumbar Focus	
Bill Droessler, D.C. and R.L. Pomajzl, D.C.	
Technique Credit	2
This is an advanced class that will review all of the information that the doctor utilizes to decide when and where to adjust the patient through the lens of the Gonstead Technique. In this session, the presenter will discuss x-ray analysis for Gonstead listing purposes. It will also include case studies for the cervical spine. Doctors in this session will also review and practice cervical set-ups and alternate moves.	
Saturday, July 18, 2026	
1:00 p.m. - 3:00 p.m.	
Gonstead Adjustment of the Sacrum and Ilium	
Matt Betterton, D.C. and Amy Harter, D.C.	
Technique Credit	2
This session will focus on Gonstead adjusting of the sacrum and ilium. This will include anatomical structures in order to visualize the line of correction in adjusting. The pelvic bench and knee/chest table will also be discussed and there will be demonstration of Gonstead Technique in utilizing that equipment. Proper doctor and patient placement, as well as stabilization placement will be discussed and demonstrated. This session also includes proper application of the HVLA thrust and prone pelvic adjusting.	
Advanced Class Gonstead Adjustment of the Sacrum & Ilium	
Amy Harter, D.C. and R.L. Pomajzl, D.C.	
Technique Credit	2
This advanced session will discuss and demonstrate Gonstead Technique for lower cervical region (Axis-C6). This includes the Gonstead listing system, Cervical Chair, and necessary review of the anatomy. There will also be discussion of proper patient placement, proper contact points for both doctor & patient, and stabilization placement. There will also be review and discussion of proper application of the HVLA thrust and discussion of contraindications. Case studies will be included.	
Saturday, July 18, 2026	
3:00 p.m. - 5:00 p.m.	
Gonstead Adjustment of the Cervicothoracic Junction	
Matt Betterton, D.C. and Chuck Dwyer, D.C.	
Technique Credit	2
This session will focus on the cervicothoracic junction and chiropractic adjustments of the region. Included will be review of anatomical structures and Gonstead listing of the area. Cervical chair adjusting will also be discussed and demonstrated. Proper doctor and patient contact and stabilization will also be discussed. This session will also discuss proper HVLA thrust and contraindications to adjusting.	

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Saturday, July 18, 2026	
3:00 p.m. - 5:00 p.m.	
Advanced Gonstead Lower Cervical Adjustment	
Amy Harter, D.C. and R.L. Pomajzl, D.C.	
Technique Credit	2
This advanced session will discuss and demonstrate Gonstead Technique for lower cervical region (Axis-C6). This includes the Gonstead listing system, Cervical Chair, and necessary review of the anatomy. There will also be discussion of proper patient placement, proper contact points for both doctor & patient, and stabilization placement. There will also be review and discussion of proper application of the HVLA thrust and discussion of contraindications. Case studies will be included.	
Saturday, July 18, 2026	
5:00 p.m. - 6:00 p.m.	
Gonstead Case Studies and Outcomes	
Matt Betterton, D.C. and Amy Harter, D.C.	
Technique Credit	1
This 1 hour session will review x-ray and Gonstead listings for cases studies. The session will include patient evaluation, Gonstead listings, and adjusting. Case studies discussed will include specific information about treatment and outcomes.	
Sunday, July 19, 2026	
8:00 a.m. - 11:00 a.m.	
Gonstead Adjustment of the Cervical and Thoracic Spines Using Knee/Chest Table	
Matt Betterton, D.C. and Chuck Dwyer, D.C.	
Technique Credit	3
Discussion of the knee/chest table in adjusting the cervical and thoracic spines is the focus of this sesison. Anatomical review in relation to technique will be discussed as well as proper patient placement and doctor and patient contact. Stabilization placement will also be reviewed and demonstrated. Accurate line of correction is also a focus for this session.	
Advanced Class Technique Workup for the New Patient	
Bill Droessler, D.C. and R.L. Pomajzl, D.C.	
Technique Credit	3
This session review and discuss the proper Gonstead technique assessment for a new patient. This includes the history, Gonstead exam, nervoscope,static & motion palpation, and x-ray analysis. This session will also include Gonstead set-ups practice.	
Sunday, July 19, 2026	
11:00 a.m. - 12:00 p.m.	
Gonstead Technique Review with Case Studies	
Matt Betterton, D.C., Amy Harter, D.C., and R.L. Pomajzl, D.C.	
Technique Credit	1
This closing session will consist of review of the Gonstead Technique and take home points from the seminar that attendees can use in practice. It will also include case studies. The case studies will have work-up, treatment with the Gonstead Technique, and patient outcomes.	
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